

Clinical Practice Guidelines



CareFirst BlueCross BlueShield Advantage DualPrime's Clinical Practice Guidelines are designed to assist clinicians with the treatment of the most common medical issues by providing an analytical framework for evaluation and treatment. Please find below the list of our guidelines with links to the standards adopted by nationally recognized organizations.

Conditions	Clinical Practice Guidelines
Acute MI	American Heart Association 2014
Preventative Care: Adults (21 & over) Preventative Care	U.S. Preventative Services Task Force 2014
Preventative Care	ACS Prevention and Early Detection Guidelines
Preventative Care: Adult Immunizations (19 & over)	The Centers for Disease Control & Prevention's (CDC's) Advisory Committee on Immunization Practices (ACIP)
Asthma	2021 GINA Global Strategy for Asthma Management and Prevention
Attention Deficit Hyperactivity Disorder (ADHD)	AAP Updated ADHD guidelines 2019
Cardiovascular Disease - Secondary Prevention	American Heart Association 2011
Chlamydia	U.S. Preventive Services Task Force 2014
Cholesterol Management	2018 AHA et al Guideline on the Management of Blood Cholesterol
Chronic Heart Failure	American Heart Association 2013
Chronic Obstructive Pulmonary Disease	2021 GOLD Global Strategy for the Diagnosis, Management, and Prevention of COPD
Use of Opioid Analgesics in the Treatment of Chronic Pain	Guidelines for the Chronic Use of Opioid Analgesics 2017 FSMB

CareFirst BlueCross BlueShield Medicare Advantage is the shared business name of CareFirst Advantage DSNP, Inc., and CareFirst Advantage, Inc., which are independent licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

Conditions	Clinical Practice Guidelines
Chronic Stable Angina	2012 ACCF/AHA Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease
Depression	ISCI Adult Depression in Primary Care
Diabetes	ADA 2021 Diabetes Standards of Care
Human Immunodeficiency Virus (HIV)	CDC 2018 HIV Guidelines
Hypertension	2020 International Society of Hypertension Global Hypertension Practice Guidelines
Prescribing Opioids for Chronic Pain	Center for Disease Control 2016
Sickle Cell Anemia	National Heart Lung and Blood Institute 2014
Obesity (Adult)	Annals of Internal Medicine 2012 Adult Obesity
Autism	Autism Spectrum Disorder

Note: CareFirst BlueCross BlueShield Advantage DualPrime publishes medical guidelines from a number of well-respected national sources. These guidelines may have some differences in recommendations. Information contained in the guidelines is not a substitute for a health care professional's clinical judgment and is not always applicable to an individual. Therefore, the health care professional and patient should work in partnership in the decision-making process regarding the patient's treatment. Furthermore, using this information will not guarantee a specific outcome for each patient. None of the information in the guidelines is intended to interfere with or prohibit clinical decisions made by a treating health care professional regarding medically available treatment options for patients.